

# Track Schedule

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| April 9       | 3-4pm Scheduling, Assign Divisions, Go over responsibilities                   |
| April 10      | 3-4pm Sprinting Tryouts(Preliminary), High Jump Training                       |
| April 16      | 3-4pm Sprinting Tryouts, Distance Tryouts, NO FIELD EVENT PRACTICE             |
| April 17      | 3-4pm FIELD EVENT PRACTICE ONLY Shot put, Long Jump, High Jump, Softball throw |
| April 18      | 3-4pm Sprinting Tryouts, Distance Tryouts, NO FIELD EVENT PRACTICE             |
| April 30      | 3-4pm FIELD EVENT TRYOUT Shot put, Long Jump, High Jump, Softball              |
| May 1         | 3-4pm Sprinting practice, Distance practice, NO FIELD EVENT PRACTICE           |
| May 2         | 3-4pm FIELD EVENT TRYOUTS Shot put, Long Jump, High Jump, Softball             |
| May 7         | 3-4pm Sprinting practice, Distance practice, NO FIELD EVENT PRACTICE           |
| May 8         | 3-4pm FIELD EVENT PRACTICE ONLY Shot put, Long Jump, High Jump, Softball       |
| May 9         | 3-4pm RELAY PRACTICE   |
| <b>May 11</b> | <b>8am to 1:30pm TRACK MEET at Crean Lutheran High School</b>                  |
| May 14        | 3-4pm Sprinting practice, Distance practice, NO FIELD EVENT PRACTICE           |
| May 15        | 3-4pm FIELD EVENT PRACTICE ONLY Shot put, Long Jump, High Jump, Softball       |
| May 16        | 3-4pm RELAY PRACTICE   |
| <b>May 18</b> | <b>8am to 1:30pm TRACK MEET at Crean Lutheran High School</b>                  |